# INVITATION

# ANNUAL DUTCH DIABETES RESEARCH MEETING 2019

Thursday November 28 and Friday November 29 Wageningen International Congress Centre Wageningen, The Netherlands

WWW.ADDRM.NL

### Abstract deadline Friday August 30, 2019, 17.00 www.addrm.nl



The ADDRM is THE annual opportunity to refresh your knowledge on Diabetes Mellitus with state-of-the-art information on all aspects of diabetes. On Thursday there will be a one-day session fully dedicated to Clinical Diabetology (in Dutch), where experts in the field will discuss the latest outcome trials, new guidelines for treatment, novel therapies and/or technology and case studies will be presented. In thematic parallel sessions (in English) the latest research on Diabetes Mellitus will be presented to you in short talks selected based upon submitted abstracts. Typically, these talks cover high-level bench to bedside and molecule to men type of studies.

If you are interested in getting to know the latest on diabetes research in a relaxed atmosphere with ample network opportunity, the ADDRM is the meeting to visit!

#### **CALL FOR SCIENTIFIC ABSTRACTS & CALL FOR CASE-STUDY ABSTRACTS**

Please send in your (English) scientific abstracts on diabetes related research and / or your (Dutch) case-study abstracts on Clinical Diabetology. Deadline Friday 30th of August, 2019, 17:00 hrs. Please visit www.addrm.nl for more information and for submission of your abstract.

Accreditation (NIV) requested Day 1: 6 points, day 2: 4 points

REGISTRATION Visit www.addrm.nl and register direct for the ADDRM 2019.

#### **MATERNAL DIET, AGING AND DIABETES**



Professor Susan Ozanne, University of Cambridge Professor Susan Ozanne her work focusses on understanding the mechanistic basis of the relationships between sub-optimal early life nutrition and subsequent increased risk of type 2 diabetes, obesity, and premature death. There are a large number of epidemiological studies suggesting that such relationships exist

however the molecular mechanisms mediating such phenomena are not understood. Professor Ozanne will discuss these mechanisms and share her thougts on possible intervention strategies.

#### **PUTTING TYPE 2 DIABETES INTO REMISSION**



Professor Michael Lean, Glasgow University

Weight loss is the most important thing patients can do to reduce HbA1c, reduce comorbidities and eventually gain diabetes remission. The DiRECT trial has been set up to help patients lose weight without bariatric surgery. Post-hoc analyses of the DiRECT trial have shown that almost 50% of patients can achieve remission of diabetes through weight loss, but the question remains, how do we identify these patients? Professor Lean will present the latest outcomes from the DiRECT trial.

#### NEXT STEP TOWARDS REPLACEMENT THERAPY IN **TYPE 1 DIABETES**



Professor Henrik Semb, University of Copenhagen

With a career spanning over 15 years Professor Semb's multi-disciplinary approach to research has contributed to the advancement of several scientific fields. His lab has used a combination of in vivo and in vitro tools to decipher a range of cellular mechanisms, from tumor cell invasion and metastasis, to basic mechanisms in morphogenesis and differentiation during organogenesis. At the ADDRM 2019 Professor Semb will give an update on what to expect from replacement therapy in type 1 diabetes.



## Visit www.addrm.nl

# for updates on the scientific program of the ADDRM 2019 and registration

Contact

For questions and remarks, please contact the association by e-mail: contact@addrm.nl